

Getting Help with a Drug or Alcohol Problem

Students who want help with an alcohol or drug problem can contact any Student Affairs staff member for referral, the Public Health nurse, or the Family Services Counselor. Employees can seek counseling through a referral by Human Resources.

The school nurse is provided in coordination with the Davidson County Health Department. A mental health counselor is provided in coordination with Family Services of Davidson County.

Public Health Nurse

Mendenhall 229

Monday & Tuesday, 9:00 a.m. - 1:00 p.m.

Mental Health Counselor

Mendenhall 229

familyservices@davidsonccc.edu

Wednesdays 8 a.m. - 12 p.m.

Thursdays 1 p.m. - 5 p.m.

Human Resources

Brooks 223

336-224-4540 or 4540

[NCA](#) (**National Council on Alcoholism**) Information line (1-800-NCA-CALL) will provide referral for drug or alcohol problems.

[NIDA](#) (**National Institute on Drug Abuse**) Hotline (1-800-662-HELP) will provide confidential information and referral.